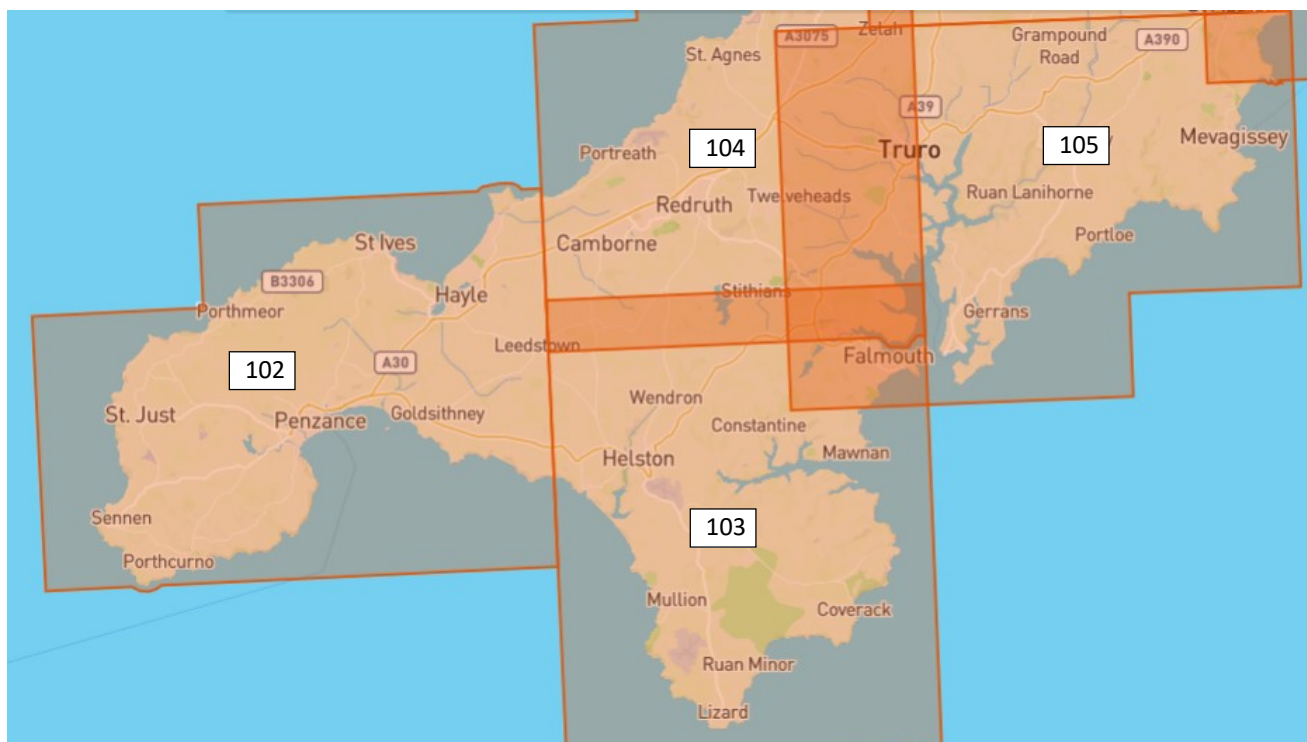


Walking Routes near Cuckoo Cottage, Crowlas

Cuckoo Cottage is perfectly located to explore the many and varied paths that criss-cross the West Cornwall peninsula: from the cliff top coastal paths, the St Michael's Way pilgrim's route, to trails across farmland and moorland that take in Bronze Age and Neolithic monuments, as well as more recent tin mining structures.

The Ordnance Survey Explorer Map 102 covers Crowlas and all areas west of Hayle. Other areas are covered by the following OS Explorer Maps:



From Cuckoo Cottage there are several walks that you can choose direct from the doorstep. These are easily identifiable on an OS Explorer Map.

Section 1 of this guide provides details of some of our favourites: the walk along the country lanes to Marazion and St Michael's Mount; the walk over the field behind the cottage up to Ludgvan, turning left at St Paul's Church, just after the White Hart, and taking the St Michael's Way to Tremenneer Sculpture Gardens, with its excellent cafe restaurant; or up Tregender Lane, taking the footpaths to Trencrom Hill (also known as Trecrobben Hill) with spectacular views across to St Ives, to the north, and St Michael's Mount, to the south (but watch out- there are Giants and Spriggans here).

Section 2 gives information on some of the really interesting walking trails which are provided on the Penwith Landscape Partnership web site which covers most of West Cornwall. Here is a link to their web site page for the trail guides and ancient sites, which is highly recommended (two types of link are provided depending on your browser):

[Penwith Landscape Partnership trails and ancient sites](https://www.penwithlandscape.com/explore/walking-trails/)
<https://www.penwithlandscape.com/explore/walking-trails/>

Section 1: Favourite Walks from Cuckoo Cottage

Listed below are some of our favourite walks which we have enjoyed over the years with our family. Some start at the Cottage, others involve a short journey to the starting point.

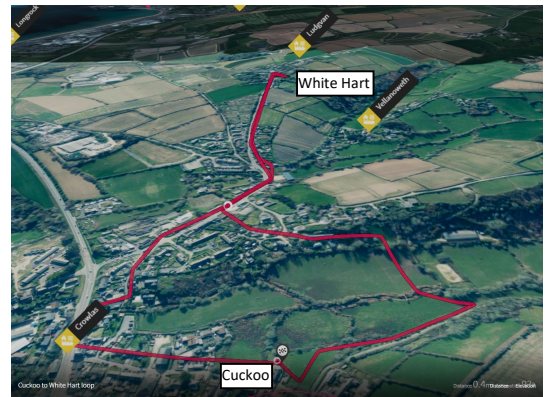
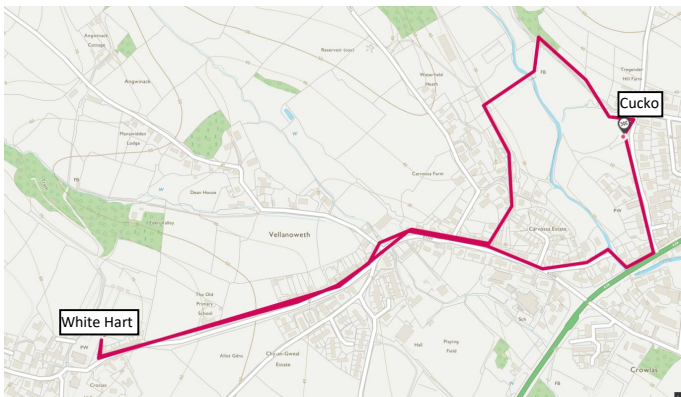
Cuckoo Cottage to White Hart Pub, Ludgvan

To the pub! Lovely pub serving great food, opposite the church in Ludgvan village. Walk over the fields and the foot bridge over the Red River at the back of the cottage. Take path over Blowing House Hill and up the road to Ludgvan. If you have booked a table for dining then allow 25 to 30 minutes, as it's up hill.

Distance: 2.9 km/ 1.8 mile loop

Time: 50 mins - allow 25 to 30 minutes to get the White Hart

Starting reference: Cuckoo Cottage



The map and route is on the following link:

<https://osmaps.ordnancesurvey.co.uk/osmaps/route/8224292/cuckoo-to-white-hart-loop>



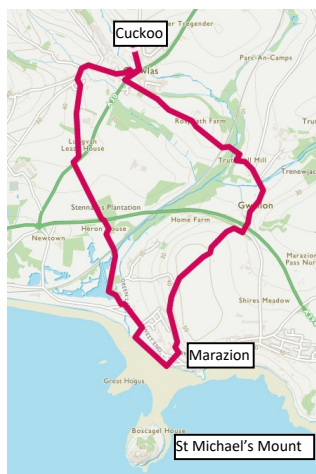
Cuckoo Cottage to St Michaels Mount, Marazion

This is mainly a walk along quiet country lanes on the route to Marazion, with pathways through the RSPB Marazion Marshes and across fields on the St Michael's Way pilgrim route for the return journey. Great Fish and Chip Shop in Marazion, plus pubs such as the Godolphin Inn for dining. St Michaels Mount has a restaurant operated by the National Trust. Public WC's by the boat club and children's play area.

Distance: 7.8 km/ 4.9 mile loop

Time: 2 hrs 10 mins for the loop but you're bound to stop awhile in Marazion

Starting reference: Cuckoo Cottage



The map and route is on the following link:

<https://osmaps.ordnancesurvey.co.uk/osmaps/route/8143763/cuckoo-to-marazion-loop>



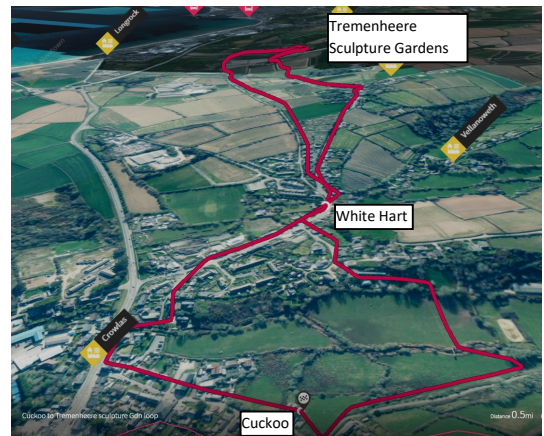
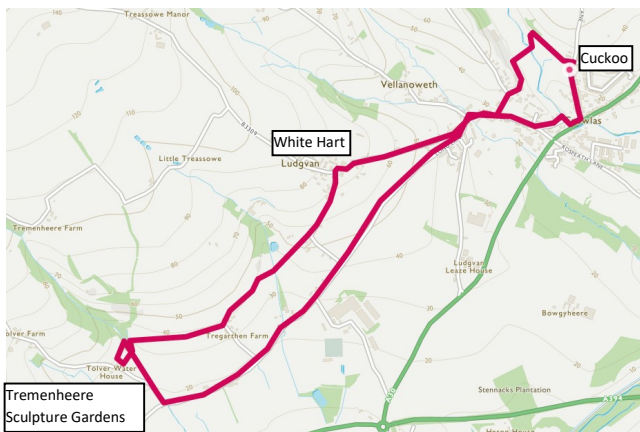
Cuckoo Cottage to Tremenheere Sculpture Gardens

We love going to the Sculpture Gardens with its excellent restaurant/ cafe and small art galleries. It has probably the best available panoramic view of St Michael's Mount. The start is the same as the White Hart pub walk described above: over the field behind the cottage and up to Ludgvan. Walk past the pub. Just after St Paul's Church, turn left off the road and along a row of cottages. This is St Michael's Way and a straight route to Tremenheere Sculpture Gardens. You can return back along St Michael's Way or take the Long Lane route back to Ludgvan Lower Quarter.

Distance: 6.1 km/ 3.8 mile loop

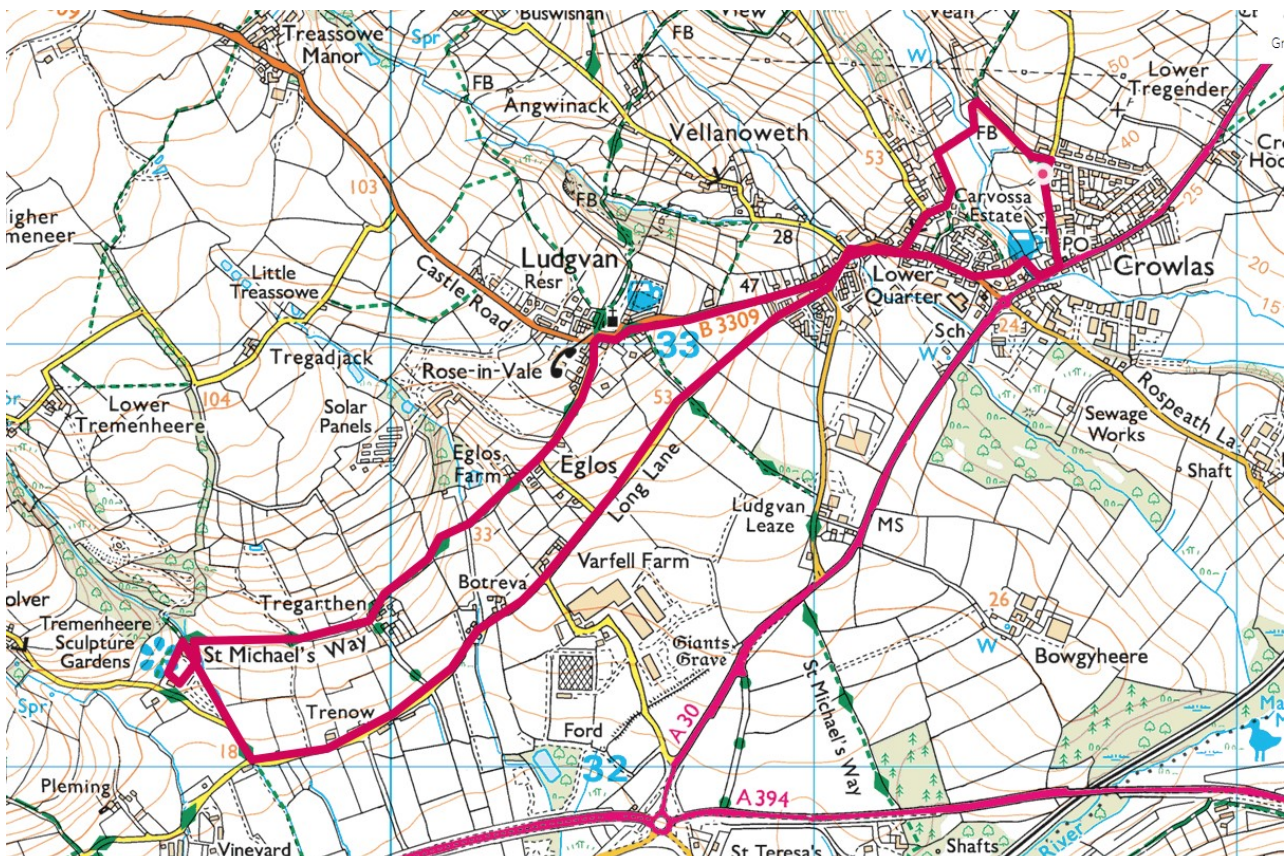
Time: 1 hr 50 min for the loop but you're bound to stop at the cafe or visit the Sculpture Gardens, which are highly recommended

Starting reference: Cuckoo Cottage



The map and route is on the following link:

<https://osmaps.ordnancesurvey.co.uk/route/8166706/Cuckoo-to-Tremenheere-sculpture-Gdn-loop>



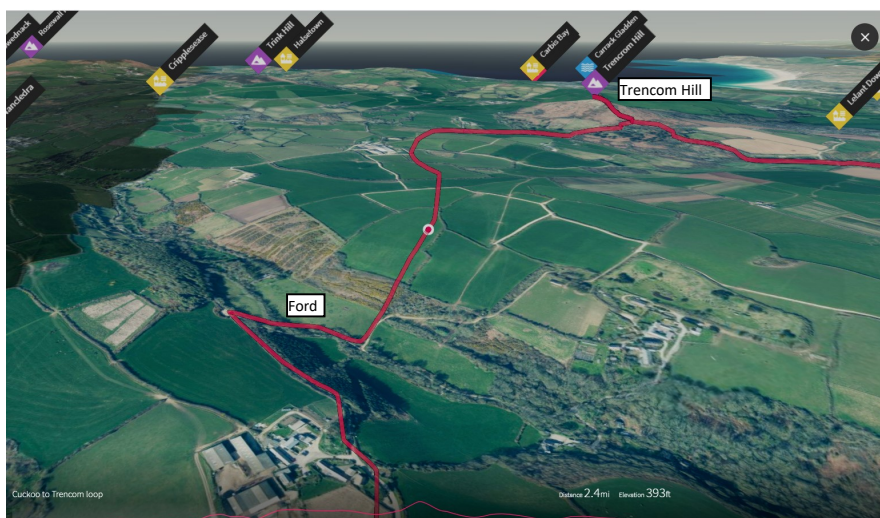
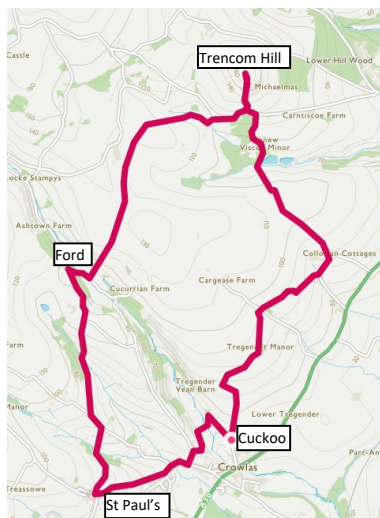
Cuckoo Cottage to Trencom Hill Fort

A favourite walk. Up to the church at Ludgvan and then turn right onto St Michael's Way. The route takes you over a ford then onto the iron age fort on top of Trencom Hill (also known as Trecrobben, which is derived from Cornish "torr crobm"). Return via footpaths south leading to Tregender Lane and the Cottage. Trencom Hill has spectacular views across to Carbis Bay, to the north, and Mount's Bay, to the south.

Distance: 9.8 km/ 6.1 miles loop

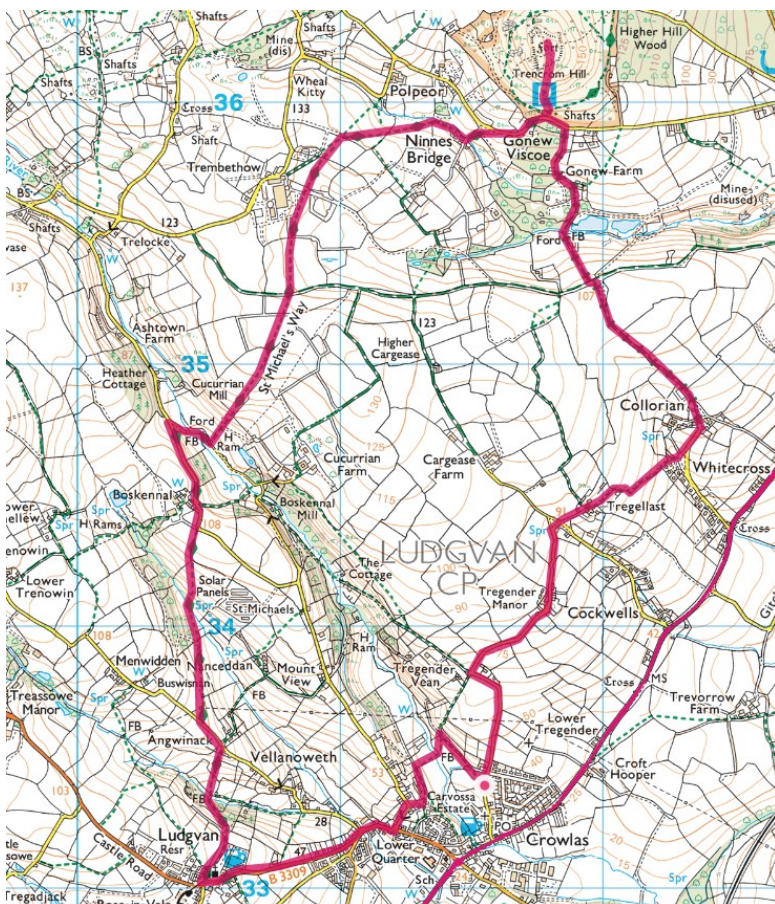
Time: 3 hrs

Starting reference: Cuckoo Cottage



The map and route is on the following link:

<https://osmaps.ordnancesurvey.co.uk/osmaps/route/5810378/cuckoo-to-trencom-loop>



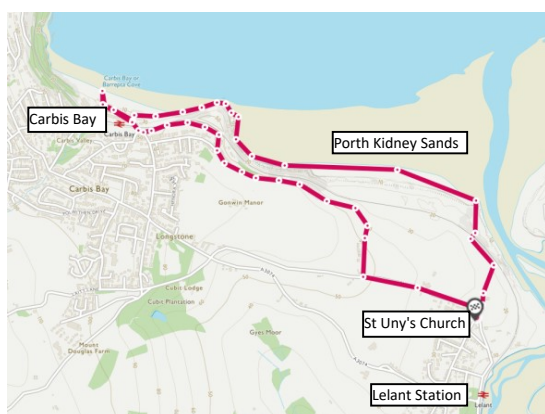
Lelant to Carbis Bay, via Porth Kidney Sands

Lovely walk but best at low tide. Look out for the caves along the coast line. Carbis Bay has a great beach restaurant and there are public WC's (Note: at the time of writing Carbis Bay Hotel is being redeveloped ready for the G7 summit in June 2021). You can either take the A30 north to Lelant or take the train from St Erth Station to Lelant Station to begin the walk.

Distance: 5.9 km/ 3.6 mile loop

Time: 1 hr 45 min

Car Park: Lelant Station, TR26 3DQ or Lelant Salting Station TR26 3DL or St Uny's Church, Lelant



The map and route is on the following link:

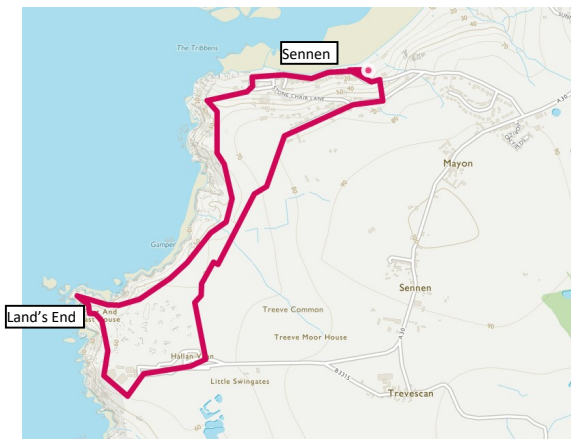
<https://osmaps.ordnancesurvey.co.uk/osmaps/route/8166914/lelant-to-carbis-bay-loop-via-beach>



Sennen to Land's End

Quite an easy walk along the rugged coastline of the far south west peninsula, then a pleasant inland cross country walk back to the car. There are two car parks at Sennen, with an over-spill car park above the Cove. Sennen has a fantastic beach, a good cafe restaurant and the RNLI life boat station, which is often open to the public. The coastal path passes the remnants of the Maen Castle cliff fort. The RSPB discovery centre just before you get to Land's End is also worth a visit.

Distance: 5.1 km/ 3.2 mile loop
Time: 1 hr 30 min
Car Park: Sennen Cove Beach Car Park, TR19 7DG



The map and route is on the following link:

<https://osmaps.ordnancesurvey.co.uk/route/8224790/Sennen-to-Lands-End-loop>



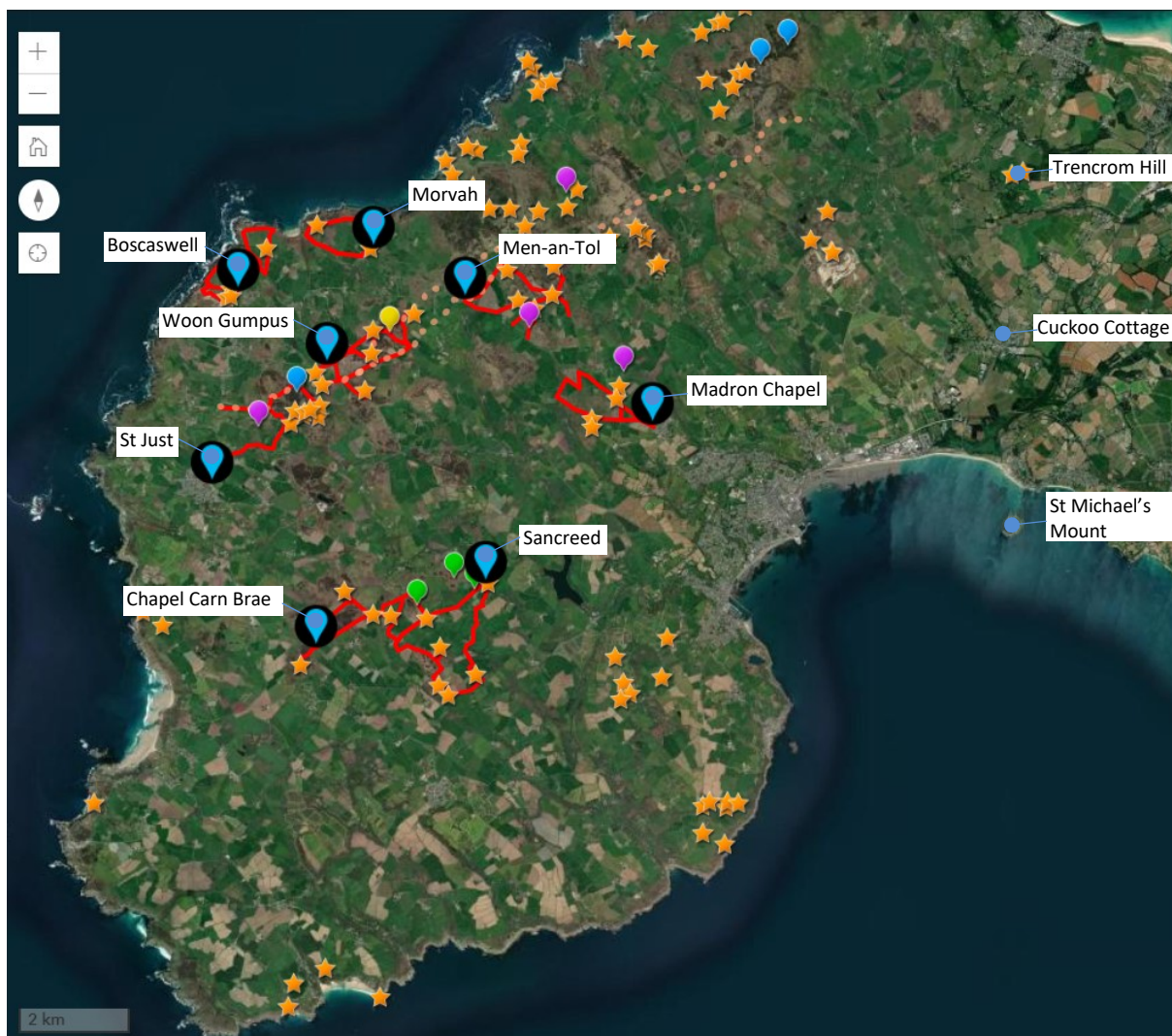
Section 2: Walking Trails of West Penwith

This section details some selected walking trails which are provided on the Penwith Landscape Partnership web site, which covers most of West Cornwall. Here is a link to their web site page for the trail guides and ancient sites, which is highly recommended (two types of link are provided depending on your browser):

[Penwith Landscape Partnership trails and ancient sites](https://www.penwithlandscape.com/explore/walking-trails/)
<https://www.penwithlandscape.com/explore/walking-trails/>

Or use their interactive map, where you can click on each walk for maps and more narrative detail:

[Penwith Landscape Partnership trails map](https://www.penwithlandscape.com/trails-and-ancient-sites/)
<https://www.penwithlandscape.com/trails-and-ancient-sites/>



On the following pages we have reproduced the summaries of each trail from the Penwith Landscape website. Again, two types of link are provided – depending on your browser.

Each trail has a link to the individual maps and the step by step narrative guidance provided on the Penwith Landscape web site. Please have a look at the route instructions on the web page – there is a lot of local information, Cornish history and stories contained within the walking guides:

St Just to Tregeseal & Carn Kenidjack

11.5 miles from Cuckoo Cottage to St Just Car Park (TR19 7HZ)

[Trail Guide: St Just to Tregeseal & Carn Kenidjack \(penwithlandscape.com\)](https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-st-just-to-tregeseal-carn-kenidjack/)

<https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-st-just-to-tregeseal-carn-kenidjack/>

This is an “out and back” walk starting from the centre of St Just with a circular section around Truthwall and Carnyorth Commons, featuring a wealth of historic sites, particularly the Tregeseal Stone Circle, barrows and holed stones.

Distance: 4 miles / 6.4 km

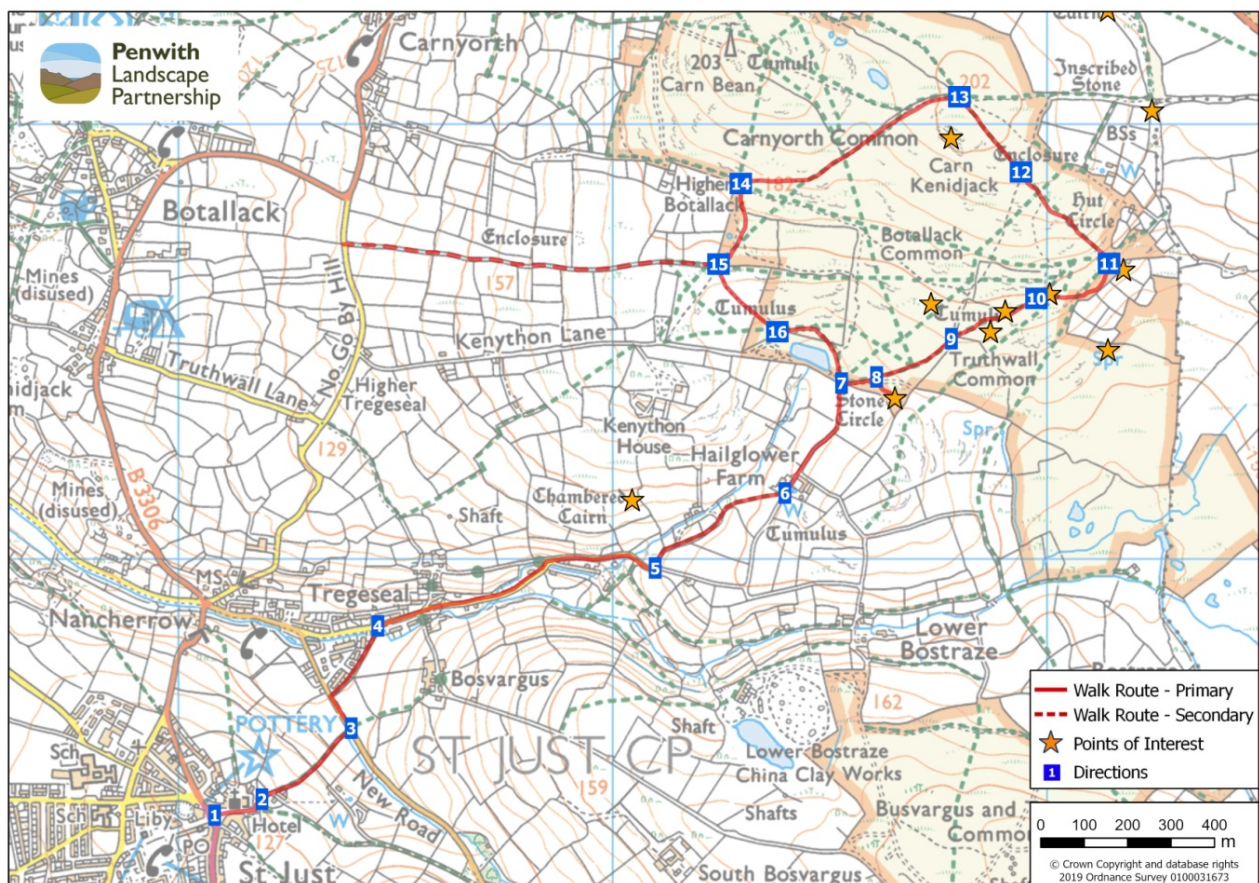
Time: Allow at least three hours

Starting grid reference: SW 371 314 - Market Square, St Just

Car Parking: Free Public Car Park in St Just (TR19 7HZ)

Nearest Public Toilets: St Just, by the public car park

Accessibility & Terrain info: This walk is dog friendly but note that cattle are grazed on the Common; please keep dogs under control if around cattle. This route includes rough moorland paths, a few stiles, and some sections on public roads.



Woon Gumpus and Chûn Castle

9.0 miles from Cuckoo Cottage to the Car Park near Woon Gumpus (TR20 8PX approx) on the B3318

[Trail Guide: Woon Gumpus and Chûn Castle \(penwithlandscape.com\)](https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-woon-gumpus-and-chun-castle/)

<https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-woon-gumpus-and-chun-castle/>

This is a circular route in the heart of the Penwith Moors, and the best route for visiting the ancient sites of Chûn Quoit and Chûn Castle, as well as providing additional links to Bosullow Trehyllys, Boswens Menhir, and Carn Kenidjack.

The route is dog friendly, but note that cattle are sometimes grazed on Higher Downs and the fields beneath; please keep dogs under control if you see cattle. This route includes a short section on public road.

Distance: 2.3 miles / 3.7 km (core loop)

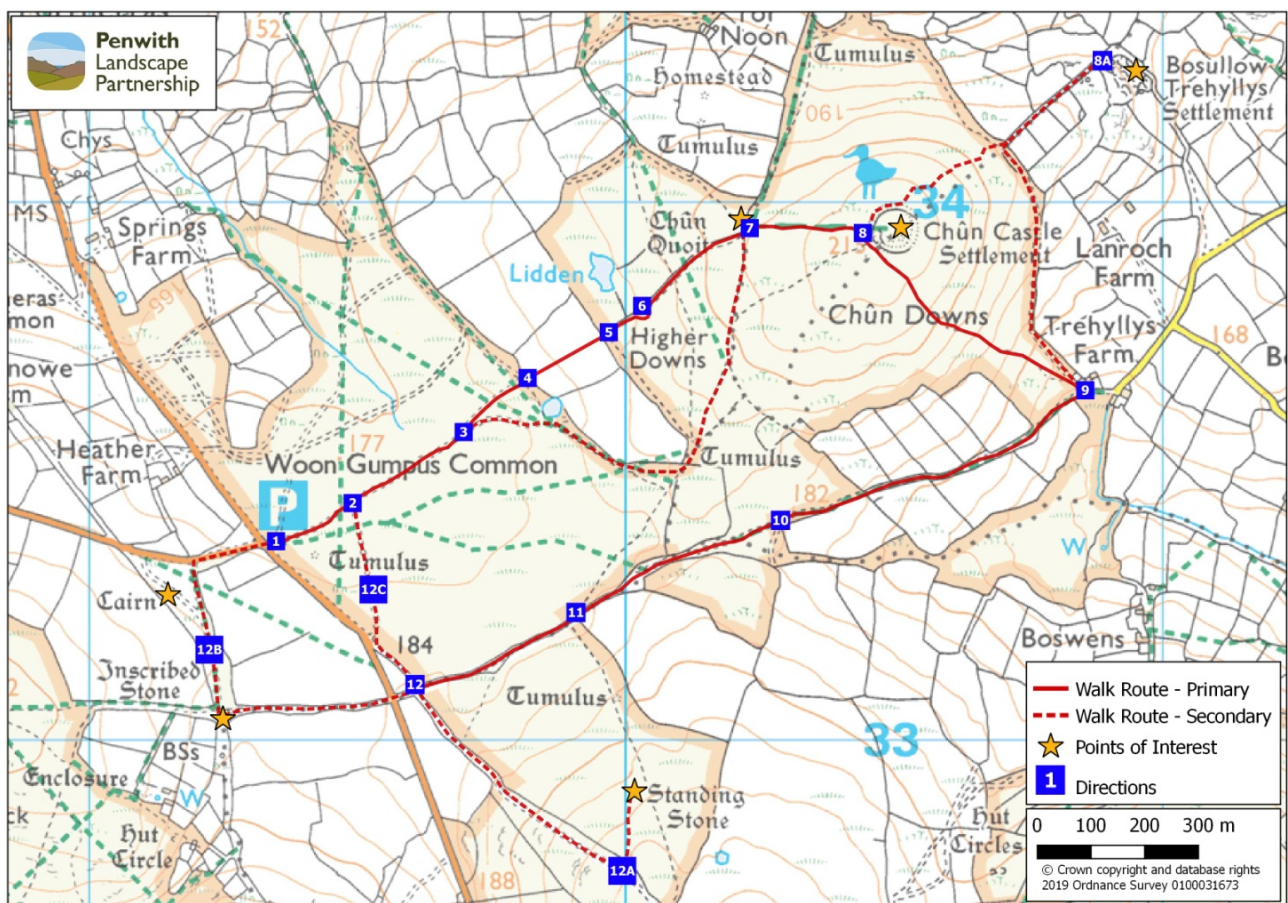
Ascent: 180 feet / 55 meters

Time: Allow 2 hours 30 minutes

Starting grid reference: SW 393 333

Car Parking: Woon Gumpus Car Park, off the B3318 (TR20 8PX approx). Easily accommodates ten cars.

Nearest Public Toilets: Pendeen, in the public car park



Mên-an-Tol Circular

8.5 miles from Cuckoo Cottage to the Car Park near Busulow (TR20 8NU approx) on the B3318

[Trail Guide: Mên-an-Tol Circular \(penwithlandscape.com\)](https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-men-an-tol-circular/)

<https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-men-an-tol-circular/>

A walk that includes two of Penwith's most popular ancient sites: the Mên-an-Tol, and Lanyon Quoit. Rather than just visiting them in isolation as many do, you can include them both in a circular route that also takes in the Nine Maidens Stone Circle, Ding Dong mine, the Bosiliack Entrance Grave, as well as the lesser known Bosiliack round house settlement. It's a fascinating route to appreciate the many layers of history over the landscape, from the prehistoric right through to 19th century mining activity.

Distance: 3 miles / 4.8km (core loop)

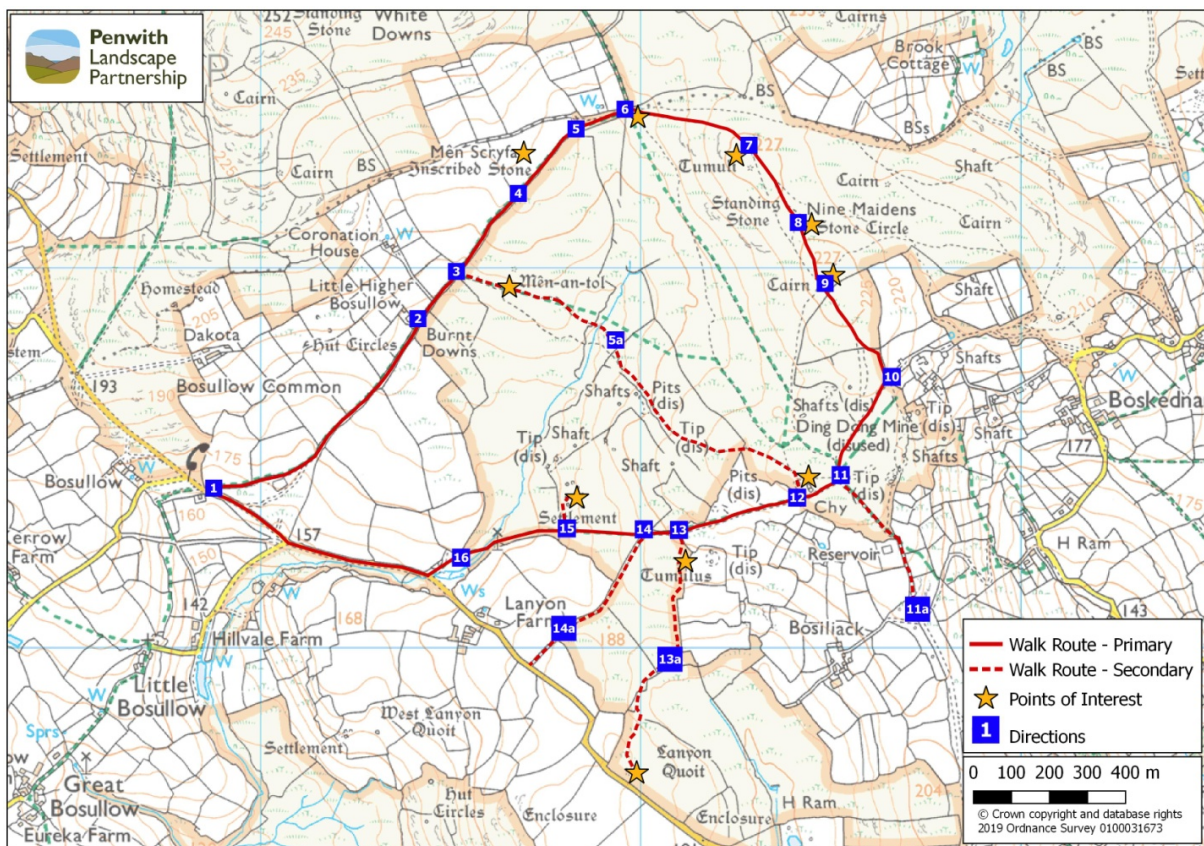
Time: Allow at least 3 hours

Starting grid reference: SW 418 344

Car Parking: There is a small car parking area at the start point of the route (TR20 8NU approx). When busy, the verge just downhill from the car park is wide enough to accommodate cars (be mindful of large tractors needing to pass, and hidden ditches).

Nearest Facilities Morvah Schoolhouse and Cafe (1.5miles)

Accessibility & Terrain info Cattle grazed in Mên-an-Tol area. Route features granite stiles and passes in vicinity of mine shafts. Gradual climb with one steep section. Short section on public road.



Boscaswell to Pendeen Watch

11.5 miles from Cuckoo Cottage to the St John's car park at the top of Boscaswell Road (TR19 7DW) on the B3306, or 12 miles to the Pendeen Lighthouse (TR19 7ED).

[Trail Guide: Boscaswell to Pendeen Watch \(penwithlandscape.com\)](https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-boscaswell-to-pendeen-watch/)
<https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-boscaswell-to-pendeen-watch/>

A relatively short but jam packed circular walk, taking in stunning views, ancient sites, post-industrial archaeology, a world class visitor attraction, and fascinating flora in different habitats. Maybe even a Grey Seal!

Distance: 2.8 miles / 4.5km

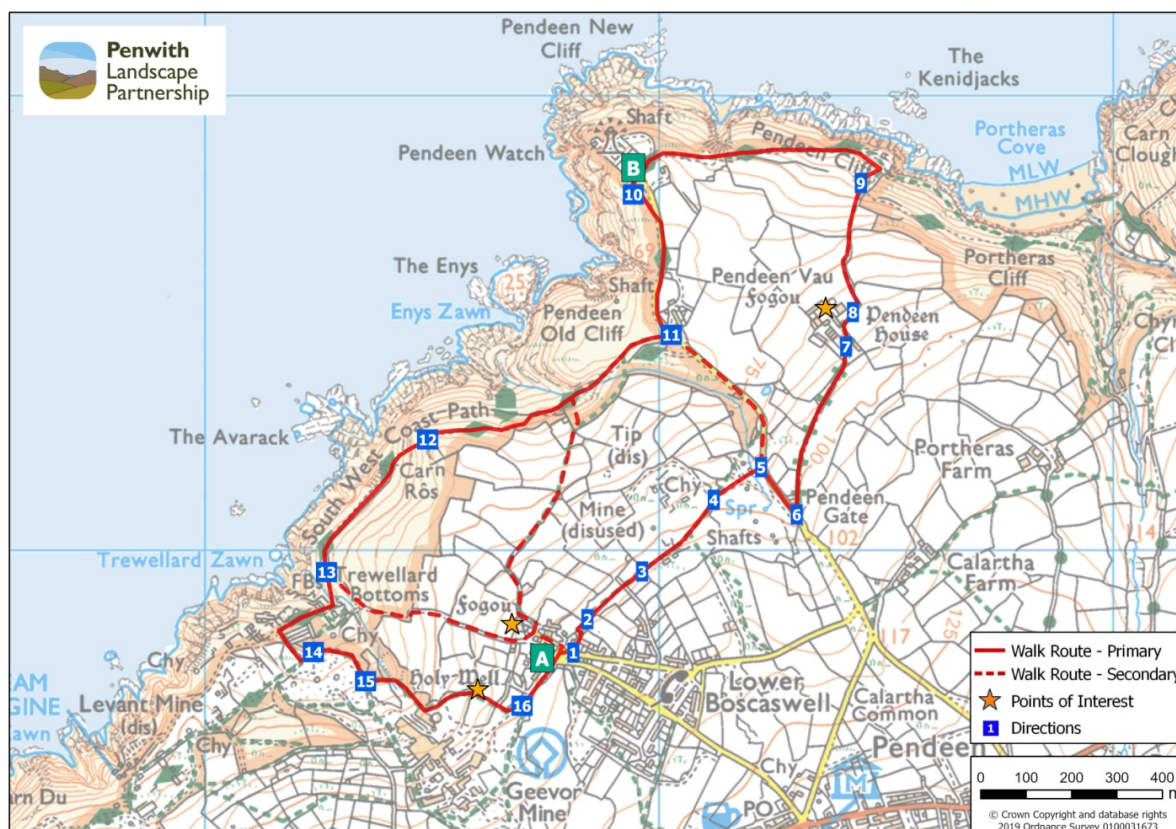
Time: If you don't stop, allow 1hr 30 mins, but you'll wish to stop at least once, so allow whatever time you have!

Starting grid reference: Start Point A: SW 377 347 - bottom of Boscaswell Road (1/2 mile from car park)
Start Point B: SW 379 358 - Pendeen Watch Lighthouse

Car Parking: A: Free car park at top of Boscaswell Road, with public toilets, opposite Boscaswell Stores. (TR19 7DW).
B: Car park at Pendeen Watch (lighthouse) (TR19 7ED)

Nearest Facilities Various services in Pendeen village and café at Geevor Tin Mine.

Accessibility & Terrain info The route is dog friendly, but the path does cross open fields which may be grazed by cattle so keep dogs under control. There are stiles to climb over, some steep sections, and a very short section of public road.



Chapel Carn Brea, Bartinney and Caer Bran

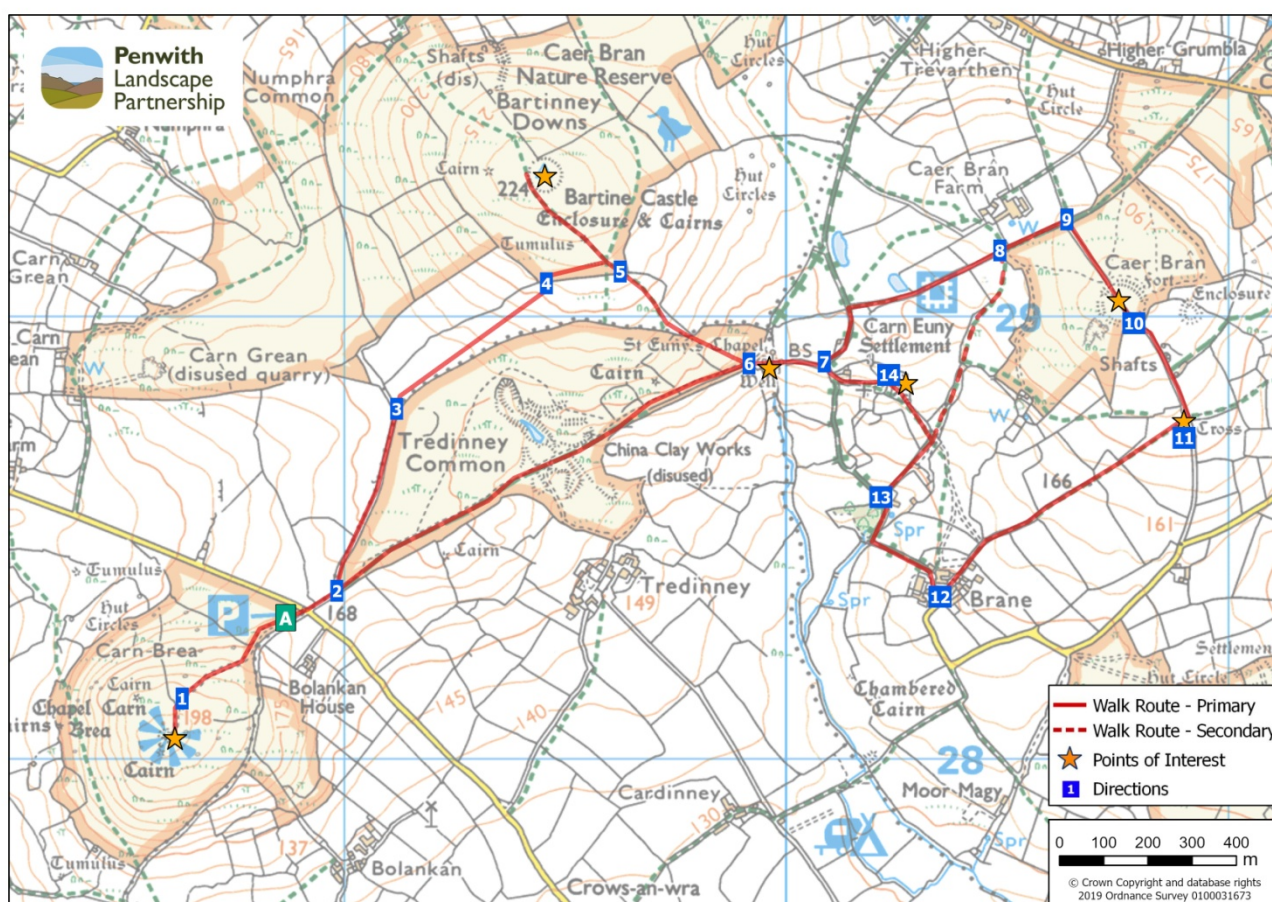
10.5 miles from Cuckoo Cottage to the Chapel Carn Brea National Trust car park (TR19 6JD). The car park is about ½ mile off the A30 at Crows-an-wra, sign posted Lands End Aerodrome.

[Trail Guide: Chapel Carn Brea, Bartinney and Caer Bran \(penwithlandscape.com\)](https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-chapel-carn-brea-bartinney-and-caer-bran/)

<https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-chapel-carn-brea-bartinney-and-caer-bran/>

A great walk taking in the three most south-westerly hills in Cornwall. Featuring Iron Age hill forts; Bronze Age cairns; a holy well; Courtyard House settlement; ancient field systems; moorland and improved grassland; tin streaming and china clay mining. Rich with history, habitat, and folklore.

| | |
|-------------------------------|---|
| Distance: | 4.5 miles / 7.25 km |
| Time: | Allow at least 3 hours 30 minutes |
| Starting grid reference: | SW 388 283 - Chapel Carn Brea Car Park |
| Car Parking: | Large National Trust Car Park on Chapel Carn Brea (TR19 6JD) (turn right off the A30 at Crows-an-wra). |
| Nearest Facilities: | St Buryan Farm Shop, and St Buryan Village |
| Accessibility & Terrain info: | A fair amount of hill climbing, but all quite gentle slopes. Numerous stiles. Cattle may be grazed in some areas. |



Morvah, Tregaminion and Chypraze

9.5 miles from Cuckoo Cottage to Morvah (TR20 8YT). There is no designated parking in Morvah apart from some room for on-street parking outside St Bridget's Church, with a few more on-street parking possibilities around the corner near to the Morvah School House Gallery and Coffee Shop. Incidentally, Morhav means "Sea Grave" in Cornish.

[Trail Guide: Morvah, Tregaminion and Chypraze \(penwithlandscape.com\)](https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-morvah-tregaminion-and-chypraze/)

<https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-morvah-tregaminion-and-chypraze/>

A short but exciting trail in the parish of Morvah, featuring folklore, hedged lanes, coastal habitats and views, prehistoric sties, and traditional farming within ancient field systems.

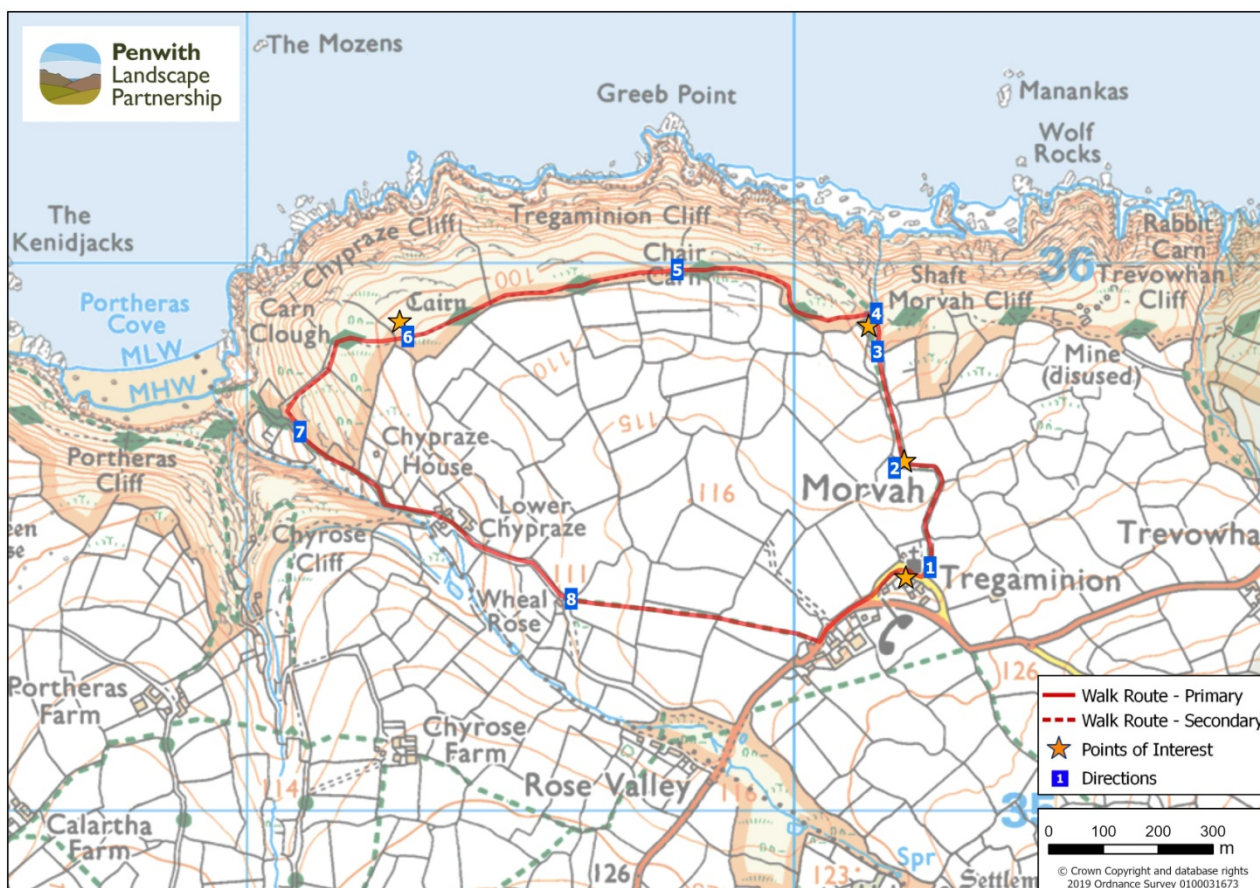
Distance: 2 miles / 3.2km

Time: Allow at least 1hr 30mins

Starting grid reference: SW 402 354 – In front of Morvah Church

Nearest Facilities: Morvah Schoolhouse - Tea Rooms & Gallery

Accessibility & Terrain info: A relatively short distance, but includes rough coastal paths, stile crossings, one steep descent (with a slightly less steep return climb). Cattle likely to be found on this route.



Madron Chapel and Trengwainton Carn

5 miles from Cuckoo Cottage to Madron. There is no dedicated car parking in Madron, although there is a residential parking area by the Methodist Church on Fore Street (TR20 8SL). The alternative starting point is just outside Madron, off Fore Street, and sign posted Boswarthan Celtic Chapel & Well, which has car parking (TR20 8SZ). We love visiting the Well and the Wishing Tree - very atmospheric.

[Trail Guide: Madron Chapel and Trengwainton Carn \(penwithlandscape.com\)](https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-madron-chapel-and-trengwainton-carn/)

<https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-madron-chapel-and-trengwainton-carn/>

A walk very much in the geographical centre of West Penwith, encompassing a varied historic landscape from Churchtown, through ancient lanes and enclosed fields and onto the edge of rough ground, with great views out to Mounts' Bay and the surrounding landscape.

Distance: 3 miles / 4.8km

Time: Allow at least 2 hours

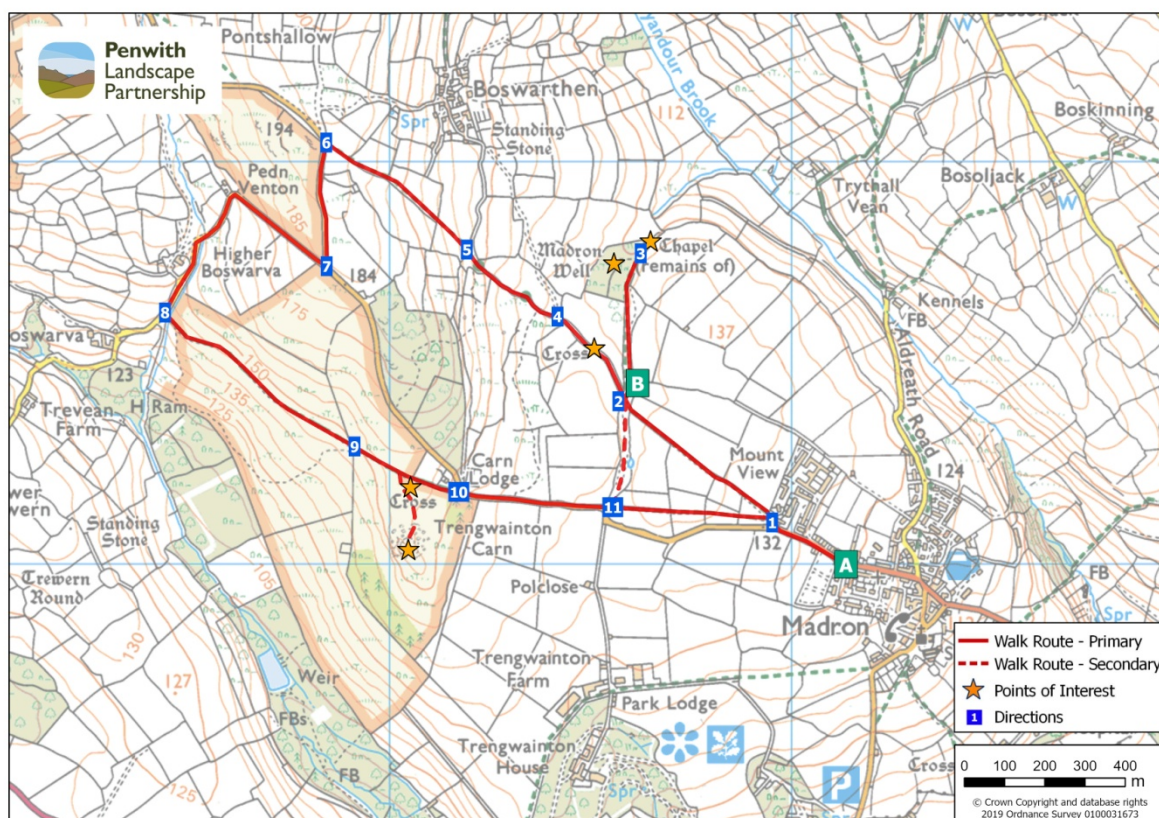
Starting grid reference: A: SW 451 320 (Bus stop on Fore Street, Madron) (TR20 8SL).

B: SW 446 324 (Car park for Madron Chapel & Well) (TR20 8SZ).

Public Transport: Frequent buses between Penzance and Madron

Nearest Facilities: In Madron & Heamoor

Accessibility & Terrain info: Fairly gentle climbing & descent, numerous granite stiles. Some road walking. Cattle likely to be present in parts.



Sancreed to Goldherring and Boscawen-ûn

8 miles from Cuckoo Cottage to Sancreed. There is extremely limited car parking outside Sancreed Church (TR20 8QS). Preferably, take the left fork in Sancreed, sign posted Sancreed Beacon, Grumbla and St Just, and use the designated lay-by near Sancreed Beacon (TR20 8QT).

[Trail Guide: Sancreed to Goldherring and Boscawen-ûn \(penwithlandscape.com\)](https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-sancreed-to-goldherring-and-boscawen-un/)

<https://www.penwithlandscape.com/trails-and-ancient-sites/trail-guide-sancreed-to-goldherring-and-boscawen-un/>

A relatively level walk through prehistoric and medieval landscapes, with views of the southern areas of the peninsula, plenty of variety and a great range of features to explore along the way.

Distance: 4.5 miles / 7.25km

Time: Approximately two hours plus time for stops

Starting grid reference: SW 419 293, by Sancreed Church

Public Transport: Buses from Penzance to Sancreed Church (route 8)

Car Parking: Extremely limited parking by the church; large lay-by up the road (take the left hand fork in the village) by Sancreed Beacon (TR20 8QT).

Nearest Facilities: St Buryan Farm Shop, and St Buryan village.

Accessibility & Terrain: Includes some open fields that may contain livestock, and one short section along the busy A30. Although the route avoids significant hills, there are several stiles which require a little scrambling over; some have been modified with the addition of a scaffolding pole or wooden beam to prevent cattle being able to cross.

